

Your Hospice

august | here-turi-kōkā

MATTERS

my
boy
& me



If there's one thing we learn in life, it's that you never know what's around the corner. Two years ago Xiao Hua (Linda) Huang stood at Auckland airport bidding a tearful farewell to her son David, who was going on a working holiday in Europe.

Now David is back, and the road looks different. Linda, 58, has been diagnosed with Motor Neurone Disease (MND) and David has become her main carer. "My mother's always looked out for me, now it's my turn to look after her," David says. With the generous support of Harbour Hospice donors, he's been able to do just that.

Kia ora

Over the past 18 months our landscape has changed exponentially. Faced with a global pandemic, lockdowns, and the necessary redevelopment of our North Shore site there have been significant challenges to overcome. But despite the disruption we have emerged in 2021 stronger than ever, and that's reflected in our increase in patient numbers. This past year we have cared for 1298 people and admitted 125 more than we did the year before.

How have we done it? We've achieved this thanks to you – our wonderful supporters and donors, bequestors, volunteers and staff. When we were able to resume our fundraising activity this year, you were there. Even when we were forced to run virtual events last year, you were behind us, and some proved so successful we've continued them. See our story about Tour de Backyard on page 6.

You've continued to support our retail shops, which provide one third of our funding needs, and our shops are thriving – so much so we have opened a new retro store. See our story, page 5.

We have adapted our model of care and remain vigilant with health and safety practices and procedures, with the ever-present threat of Covid-19 upon us. And with the temporary closure of 7 Shea Terrace we're delivering specialist services and support for patients in their homes, wherever possible. In addition, an extra three beds have been added at the Inpatient Unit at Hibiscus House and members of our North Shore Clinical team have joined the Hibiscus team to support the increase in patients.

In late June I had the privilege of speaking at our Long Service Awards. More than 135 volunteers were recognised for 5, 10, 15, 20, 25 and even 30 years of service. I am continually humbled by our volunteers' dedication and was particularly touched by something one of our 25-year volunteers, Jenny Howlett, said: "I honestly think I have received more pleasure from patients than I have given."

We also recognised a number of staff members, among them Nursing Team Leader Paula Garner, who joined us 25 years ago. You can read her story on page 8.

I'd like to reiterate how truly thankful I am for your continued support. We are certain there will be an increase in demand for our services. The Waitematā District Health Board population is projected to increase by a third, reaching 764,000 by 2034. It will also be an older population with the number of people aged 65 years and older expected to double. Our Māori, Pacific and Asian populations will also grow. We need to plan and develop our services to meet the needs of this expanding and changing population.

But we face this changing future head on, and with you behind us we are ready and able.

Tēnā rawa atu koutou katoa – thank you to each and every one of you.

Ngā mihi nui,



Jan Nichols, Harbour Hospice Chief Executive



Linda used to be an early childhood teacher and loved her job as well as going for walks, singing and dancing, and catching up with friends. "Now every tiny action is a big job for me."

She is now dependent on David for even basic care, like combing her hair and helping her dress. She moves painstakingly slowly with the aid of a walker and her speech has degenerated to the point where it's difficult to understand her.

Harbour Hospice became involved in Linda's care in December, with the Family Support Team providing emotional and practical support to both her and David so they could remain living at home together.

It's the little things that make a huge difference, David says, like having hospice's Asian Liaison Social Worker recognise that his mother wanted her hospital bed in her own bedroom so that she felt more comfortable – and arranging to have it moved for her.

Hospice brought in our massage therapist for Linda, with David explaining, "It really helps her relax." Our medical team regularly check Linda's pain levels and advise her on medications. They also help the pair navigate the health system, enabling them to access additional support services to give them practical help at home.

Before Linda's diagnosis she'd never heard of MND and hopes that by sharing her story others will understand her illness better.

MND causes the death of the nerve cells (neurones) that control the muscles which enable us to move, speak, swallow and breathe. The muscles weaken and waste away, causing progressive loss of mobility and difficulties with speech, swallowing and breathing.

The progression of MND is unpredictable and varies significantly from person to person. You may be surprised to learn that Harbour Hospice is caring for an increasing number of patients with illnesses like Linda's. In fact, 30 per cent of our patients have conditions other than cancer, and that's expected to rise.

Those with MND often feel they've lost their voice because they're still the same characters, they're just no longer able to articulate themselves.

Harbour Hospices' holistic approach to palliative care and wraparound support services can be particularly comforting for patients like Linda and their families, and it's thanks to your support that we can provide this life-changing level of care in our community.

Despite the challenges this diagnosis brings, Linda insists that she still feels positive. "When I got this I decided to look on the bright side," she explains.

"I can't do the things I used to do, and this is frustrating. But when I look at all the people who are helping me - my friends and family, my boyfriend, my son, hospice – I feel lucky. My spirit still feels happy," she smiles.

For David, seeing his mother's decline has been painful, but he still sees her smile every day and talks with great love about how she has always been a "fun mum" and hardworking.

This brings yet another huge smile to his mother's face. "He is a good boy," Linda laughs. "He is patient, the apple of my eye."

You can continue to support this life-changing level of care in your community by using the form on the back page to donate.

Thank you for your generosity.

The deal on dementia

"I can't put my finger on it, Ruth, but I just don't feel myself."



An increasing number of patients are coming to us with illnesses other than cancer - dementia being particularly prevalent. With this set to have a significant impact on palliative care in the future, two of our Inpatient Unit nurses went to the Dementia Care New Zealand conference to learn more about what this means for our community.



The number of New Zealanders living with dementia is projected to increase from 70,000 to 170,000 by 2050. We're living longer and, by default, becoming more at risk of developing illnesses.

Thanks to the Merv and Crocker Fund Scholarship, Harbour Hospice nurses Jan Buchan and Ruth Reidy were able to attend the conference to learn about the impact of this growth, and what can be done to provide more intuitive care for dementia patients.

Getting comfortable with the word 'dementia'

One area that needs marked improvement in New Zealand is that of diagnosis, the conference highlighted. "Some doctors seem reluctant to diagnose dementia," Ruth explains. "There seems to be a lack of confidence in using the term, they're more comfortable with 'cognitive decline'.

But it's much easier for families, in terms of having support services made available to them, if the term 'dementia' is used."

Ruth understands this first-hand after nursing her late mother-in-law, who had dementia. "Elizabeth used to say, 'I can't put my finger on it, Ruth, but I just don't feel myself.'"

The family had noticed symptoms, too, such as memory loss. "But it wasn't until Elizabeth was under hospice care that the term 'dementia' was used comfortably, and just having that definite diagnosis brought such relief," she says.

It's now known that cognitive stimulation therapy is hugely beneficial for newly diagnosed dementia patients, Jan adds. "At the moment it is offered 18 months after diagnosis, but it's better to receive it within the first 12 months.

Patients have claimed they've noticed a difference in their cognitive ability within the first two weeks."

Looking back on Elizabeth's decline, Ruth says, "Through it all she never lost her ability to laugh or enjoy the company of others. 'I am still me' is what was reinforced to us at the conference, and this was our experience with Elizabeth, too. That's what needs to remain the focus for anyone caring for a patient with dementia."

How we're meeting the needs of a growing number of dementia patients

Over the past year we cared for 10 more patients with dementia than the previous year.

Meanwhile, our Palliative Outcomes Initiative (Poi) team, who works with general practice teams and aged-care facilities to help staff identify patients in the last 6-12 months of life and develop strategies to improve their quality of life, has found that in almost half of the cases it advises on, dementia and/or frailty is identified as the primary illness.

We're addressing the shift in need by investing in staff education and making our patient rooms and spaces dementia-friendly.

We've introduced contrasts in décor and furniture colours in our Inpatient Units, as well as clear signage (words accompanied by pictures).



We've added dementia clocks, which not only tell the time, but also what day it is, the date and if it's morning or afternoon.

In planning the building layout for our North Shore redevelopment, creating dementia-friendly spaces has been incorporated, and we're working hard to be formally recognised as a dementia-friendly organisation.



Hospice RETRO

In case you missed the buzz, we've added an 18th shop to our retail stable.

Hospice Retro opened in Birkenhead on July 19, and its unique offering of great retro finds is an exciting addition to our retail family, says Harbour Hospice Retail Manager Maria Baird.

On opening day there were queues snaking out the front door, and takings for the shop's first week far exceeded expectations, reports Maria. The store boasts a special booth for customers to listen to vinyl records, and it's the vinyls that have proven to be the store's most sought-after item, she says.

The idea for the shop was borne out of the "deep dark depths" of shop manager Helen Collins' "1970s brain" and it has generated a huge amount of interest from both the public and the media.

It's thanks to the generosity of people bringing in donations that the opening was such a success, says Maria. Our hospice shops rely on donations from the public with every dollar of instore profit directed back to the local Hospice service. "Many people don't realise the incredible impact they're making when they choose to donate, shop or volunteer with us," Maria says.

Collectively, the shops raise about one third of Harbour Hospice's funding needs, helping to ensure that patients and families can access free specialist end of life services and support. "We hope that Hospice Retro gives people a new space to fuel their retro fix, as well as giving back to a vital community cause."

Hospice Retro Shop - 1 Hammond Place, Birkenhead
Other locations - harbourhospice.org.nz/hospice-shops

Fundraising helped me work through my grief



Bridget & Barny

“Word got round and people from all around the world started joining me.”

Bridget Ayris

It's exciting to see our community events back in action, and we're happy to report that it's been a very busy year with a monster effort from many individuals and groups.

To name only a few events, there were sports tournaments, Hospice Awareness Week, the Hibiscus Art Exhibition, Vintners' Brunch and Tour de Backyard. You organised, supported and took part in these events, raising \$669,035 (net) so far this year and we're so grateful!

Bridget Ayris and her pooch Boo, with their team of Barny's Battlers, were crowned 'top fundraisers' of our virtual run, walk or cycle event, Tour de Backyard. Bridget took up the challenge to thank Harbour Hospice nurses and remember her husband Barny Ayris, who died in 2020.

“My goal was to walk 110km with our seven-year-old labrador, Boo. But word got round and people from all around the world started joining me,” Bridget explains. “Most of them didn't know each other but they had all known and loved Barny.”

Bridget says it wasn't only Harbour Hospice that benefited from their efforts. “It gave me something to focus on and got me and Boo out of the house every day. In many ways it helped me work through my grief.” Barny and Bridget had been married 20 years and Bridget remembers her husband as a kind, caring and funny man who could always be relied on to do the school run and coach their children's sports teams. “He told me his goal in life was to be a great dad – he nailed it.”

For more information on fundraising in memory of your loved one, email Supporter Care Fundraiser Jenna Tuuta at fundraising@harbourhospice.org.nz or phone 020 404 35577.

EVENTS CALENDAR

For more information and to buy tickets visit harbourhospice.org.nz/our-events or email events@harbourhospice.org.nz to receive our events e-newsletter.

21 AUGUST
Country on the Coast
Orewa Arts & Event Centre



28 AUGUST
Catwalk Arts
Wearable art awards
Mahurangi College, Warkworth



Arkles Bay Winter Splash
CANCELLED
NOW A VIRTUAL EVENT
For more information please visit:
facebook.com/Arklesbaymidwintersplash

19 SEPTEMBER - NEW EVENT
High Tea for Hospice
Vodafone conference room,
Smales Farm



16 OCTOBER - NEW EVENT
Wedding Dresses through
the Decades
Whangaparaoa College Auditorium



22 OCTOBER
Omaha Golf Club
Tournament & Dinner
Omaha Golf Club

23 OCTOBER
The Great Debate
Warkworth Toastmasters
Warkworth Town Hall

31 OCTOBER
ASB Auckland Marathon
Devonport to Victoria Park

20 NOVEMBER
Asian Food & Cultural
Festival
Orewa

21 NOVEMBER
Rock the Hithe - NEW VENUE
Dairy Flat Community Hall

28 NOVEMBER
North Shore Male
Choir Concert
St George's Church, Takapuna

4 DECEMBER
Greek Extravaganza
Orewa Arts & Events Centre

10-24 DECEMBER
Trees of Remembrance
In your community



in brief

Vote for Jan!

Our Chief Executive Jan Nichols has been selected as a finalist in the Westfield Albany Local Heroes programme.

Jan is being recognised for her extraordinary vision, her compassionate approach and her ability to make everyone in the Harbour Hospice family feel valued. With a background in nursing, Jan understands palliative care on a personal and professional level and is a wonderful role model.

Your vote will help us get one step closer to winning a \$10,000 grant enabling us to continue our vital work in your community.

Please vote for Jan at westfield.co.nz/local-heroes

Scholarship launched for patient-facing volunteers

An annual scholarship to further educate and train patient-facing volunteers has been launched in memory of dedicated North Shore volunteer, Jan Vaughan, who gave 29 years of her time to Hospice.

The Jan Vaughan Scholarship was set up by the Vaughan family after Jan died during lockdown last year.

More than 250 of our 1,400-strong volunteer force work directly with patients and the scholarship will enable Harbour Hospice to meet an increased demand for patient-facing volunteers.

New internship for nurses

A new internship has been launched to support registered nurses to develop specialist palliative care skills and knowledge in community nursing.

This six-week programme, based in Takapuna, which can lead to either a part-time or full-time role, has been created to grow the next generation of community-based hospice palliative care nurses and meet the increased need of experienced palliative care nurses across Aotearoa.

Developed and supported by Clinical Nurse Specialist Cat Chiu, we're now taking applications for its first intake in September.

To apply, visit tt.harbourhospice.org.nz

Kawakawa links sites

During Matariki we transplanted two kawakawa bushes from our North Shore site to our Hibiscus Coast site.

The leaves from the kawakawa, known for its healing properties, will be used to make soothing teas and to perform cultural rituals for the spiritual health and wellbeing of our patients, whānau and staff.

We will also transplant kawakawa to Tui House in Warkworth, so that all three sites are linked by the whenua (earth) that surrounds their roots.

our stories

During National Volunteer Week we held our annual Long Service Awards to recognise those who have given us their time, energy and skills for five years or longer. We handed out awards to more than 150 volunteers and staff members who have supported us for 5, 10, 15, 20, 25 and an incredible 30 years.

In the last financial year our volunteers' contribution equalled 158,000 hours of unpaid work and without their support we simply couldn't provide the level of care that we do for our community. We catch up with three of our award recipients:

In it for the **LONG HAUL**

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25
Years
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Paula Garner
Nursing Team Leader



When Paula Garner began working for Harbour Hospice she was one of just two nurses. The Warkworth office where she was based didn't even have a receptionist, and gaps in the service were filled by volunteers. She'd taken the role because she wanted to return to the community she'd grown up in. "And then I grew with the service as it grew," she says.

Back then the three communities we serve – Warkworth/ Wellsford, Hibiscus Coast and North Shore – were separate entities before they merged in 2018. In that time Paula has seen more change than most and has also gone through her own metamorphosis – working her way up from her original nursing role to team coordinator, clinical educator to nursing team leader of Warkworth/Wellsford to, now, nursing team leader of all three sites.

"Every time I'd think, 'Okay, I need a change', something else would happen and they'd hook me in for a while longer," she laughs. "I'd be like, 'Okay, yes I'll try that'. So it really doesn't feel like 25 years." Paula has contributed significantly to growing the Harbour Hospice team to the multi-disciplinary army of more than 200 that it is today, and she's seen our patient numbers grow exponentially.

Perhaps the biggest change she's witnessed, though, has been in the type of care that patients need. "Today patients live longer, and with more complex symptoms. As modern medicine treats more conditions, by the time people are at the end of life they've got a few disease processes happening, which can greatly affect quality of life. Also, patients are receiving more palliative treatments so have more expectations and hope, which can make it difficult to prepare them for end of life"

Despite these challenges, or perhaps because of them, Paula's passion for palliative care has only intensified.

"I've always felt humbled by the work we do, and I'm constantly reminded that we need to live our lives and take opportunities when they come. Every day I stop and count my blessings."

"I've always felt humbled by the work we do."

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25
Years
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Jenny Howlett
Volunteer



"This is a very special part of my life."

If Jenny Howlett's face seems familiar, that's because you'll find her on reception every Tuesday at Tui House. She's a warm and welcoming presence at the front desk but that's not all Jenny does.

In Jenny's 25 years volunteering for Harbour Hospice she has done everything from helping the Family Support Team with their Open Doors programme, volunteering as a community visitor to driving patients and getting involved in fundraising events.

In fact, it was Jenny and former Harbour Hospice nurse Cath Bartlett who started our highly successful Homes Tours in 2002.

"When I look back on what we did, that was an awful lot of work," she laughs. "But the first one went so well we've had them every two years since, except for last year.

"Finding the homes was a lot of fun," she reminisces of the early days. "We'd just drive around and knock on people's doors. I remember one house we went to in Matakana, the owners opened their front door and said, 'Hello, we've been expecting you.' Word had got out, you see!"

Of all the positions that Jenny has taken up, it's her community visitor role that has given her the most reward. "It's a real privilege when people 'let you in'. I have had some gorgeous patients over the years, and I honestly think I have received more pleasure from them than I have given."

Jenny was inspired to volunteer for hospice after working as a receptionist for Dr Peter Woolford, a well-known Auckland doctor who specialises in palliative care. She has brought her husband Merv on board too; he has become Tui House's go-to handyman. As long as there is work to do, or patients or carers who need her time, Jenny will be there. "This is a very special part of my life," she smiles. "It is where I've found my niche."

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5
Years
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Jon Markey
Volunteer



"Apparently I'm a source of inspiration to the women in my walking group."

After 39 years of marriage Jon Markey and his late wife Margaret knew each other well. So, when, one night, Margaret began slurring her words while the couple watched TV together in their matching armchairs, Jon knew something was wrong. "I said, 'Have you been on the sherry?'" he says. But he knew she hadn't, so the couple followed up with a doctor's appointment.

Margaret was misdiagnosed with oral thrush and when the slurring continued, they sought a second opinion. She was referred to a neurologist and diagnosed with Motor Neurone Disease.

"It's an awful illness," Jon says. "Because bit by bit your body just sort of dies." Margaret's condition was complicated by the fact she was asthmatic, and just four months after her diagnosis, Margaret died.

Her final days were spent at the Hibiscus House Inpatient Unit and now Jon, a retired court clerk who once served in the navy, takes great comfort in volunteering there. "I sit with the patients and bring them cups of tea, or make beds and help the nurses - whatever is needed."

Sometimes, if the room that Margaret was in is empty, Jon steps inside and stands there in the quiet. "Straight after she died I had to leave that room to tell some visitors. I walked past the nurses station and they were all standing in a circle hugging. That moved me more than anything else because it really showed me that they cared."

Jon, who has since remarried, also volunteers at the Whangaparaoa Hospice Shop and he's a community visitor for a patient living in Kaukapakapa. "It gets me out of the house and I've met so many interesting people. Apparently I'm a source of inspiration to the women in my walking group. They all tell their husbands to get off their backsides and volunteer like Jon," he chuckles. "Well, it's a good thing to do."

Matchmaker is not a term you'd usually associate with hospice but that's what Julie Reid is. She matches volunteers with patients and goes above and beyond to bring people together when it matters most.

"When I meet with volunteers who want to work with our patients, I get as much information about them as I can," explains Volunteer Services Coordinator Julie Reid. "And then that just sits with me. When a patient needs a driver or someone to keep them company, I match them with someone who has similar interests or life experiences."

Julie recently found someone who was happy to feed a patient's turtles for him. "The feeding of the turtles was quite an involved process, so I really needed someone who liked turtles."

"Another of our patients loves cardmaking, and she and her volunteer go to Spotlight together so they can spend afternoons making cards."

These pairings give patients meaningful social interactions that they wouldn't otherwise have. "One of the biggest issues for patients is loneliness," Julie explains. "They're not only isolated because they can't get out, but because their families might all be working, or they haven't got family or might be estranged. And then they've got this diagnosis on top of this."

"In the case of our cardmaking patient, her family is overseas and the relationship she has with her volunteer carer has changed her life," she says.

Julie always assigns a patient two community visitors, so there is always someone there if a plan falls through. She also puts that patient's community visitors in touch with one another "so they have someone to talk to, too".

Planning a wedding in two weeks

One of her biggest undertakings to date has been organising a patient's wedding in just two weeks. "I heard through the grapevine that Shaylee wanted to get married so I went and saw her then I got to work. I have a lot of contacts." Starting with the dress, Julie knew that the Eilerslie Hospice Shop had a good collection of wedding gowns so she selected half a dozen in Shaylee's size and presented them to her.

Shaylee's ring was sourced from the Milford Hospice Shop but her fiancé's hands were so big she couldn't find a ring for him to fit. With the help of her contacts Julie approached Michael Hill Jewellers who donated a ring.



The Matchmaker

The bride-to-be wanted to get married by the sea so Julie found the perfect spot at JF Kennedy Memorial Park in Castor Bay, and ensured Shaylee was transported to her dream wedding in her favourite car, a Mustang. The husband of our Kaiāwhina Terehia Walker, Ngahiwi Walker, officiated the service; Julie's manager's niece made the cake. Julie and her army of girlfriends took care of the catering.

Shaylee loved her special day, which took place six days before New Zealand went into Level Four lockdown, on March 20, 2020. She died 11 months after her dream wedding, in February 2021.

"I think it's important to tell these stories," Julie concludes, "because people don't realise that this kind of thing happens at hospice."

"I've done this sort of work for more than 20 years, and I do it not for the accolades but because I like to make a difference to people's lives. This is my thing."

If you want to make a difference like Julie, visit tt.harbourhospice.org.nz to view our latest vacancies.



Ralph & Eve Seelye

As you know, our North Shore facility is under redevelopment. Thanks to the enormous generosity of Trusts, individuals, businesses, and community groups we've now reached over \$8 million of our \$10 million fundraising goal, and we've made great progress on the construction site.

While the team has come up against some unexpected hurdles significant progress has been made in many areas. The roof and guttering on the Inpatient Unit are up and its first nine bedrooms are fully wired for electricity. A number of windows have been fitted, and fireproofing is well underway.

An important aspect of the facility, once completed, will be its ability to facilitate training and development programmes for staff, volunteers and the wider healthcare community.

The redevelopment will feature a Training Room to deliver training and education programmes and it's thanks to the generosity of The Ralph & Eve Seelye Charitable Trust, which has gifted \$750,000 towards its completion, that this is possible.

The late Ralph and Eve Seelye, after whom the training room will be named, were highly regarded in the academic and medical professions - Ralph as a scientist and university lecturer and Eve as a leading anaesthetist.

"It is an honour and a privilege to be able to create a space in which health professionals and academics of the future can meet and gain inspiration to continue the Seelye legacy."

Jan Nichols

Training Room benefits community

After Ralph's death in 2002 Eve set up the Trust. The couple didn't have children and had determined that their legacy should be around education and helping those in need, explains Trust Chair James Hill.

Eve had grown up in Germany but migrated with her family to New Zealand during the Second World War due to the oppression of the Jewish community. She first met Ralph at Auckland University, where he lectured, and the couple married in 1954. Together, they went on to further their educations at Oxford University.

When Ralph became ill in the early 2000s, he received hospice care through Mercy Hospice. Harbour Hospice's Chief Executive Jan Nichols held the same role at Mercy at the time and came to know Eve further by developing a partnership with the trust. When Eve became ill a few years after her beloved Ralph died, Jan and the hospice team continued to visit her.

"Ralph and Eve Seelye were a most humble and inspiring couple," Nichols reflects. "They never took anything for granted - their education, the great outdoors, their garden, their careers, their friends and each other. They were so thankful for the life they forged in New Zealand and so proud to be able to give back."

To find out how you can help, or learn more about the project, visit harbourhospice.org.nz/shore-project or email Capital Campaign Manager, Kate Thompson Kate.Thompson@harbourhospice.org.nz.

Generosity of John

If you're a Browns' Bay local, chances are you would have seen John Dyer out and about. John loved his daily walks through the village and could often be seen in his garden, tending to his many beloved fruit trees.

His friend Trish Craven remembers him as a gentle man who was loved by all who knew him. "He loved his ballroom dancing and golf too," she remembers. "And we all had a lot of time for him. We'd always invite him up for a cup of tea."

In November 2019, John, a retired carpenter, died at the age of 85 and left a third of his estate to Harbour Hospice in his Will.

We are incredibly grateful to John for his kindness. The impact of gifts in wills (no matter the size) on providing palliative care to patients and whānau cannot be underestimated. Without the generosity of people like John we simply wouldn't be able to provide the level of care that we do for patients and their whānau.

The reasons behind legacy gifts can often be deeply personal and in John's case, his was motivated by the death of his mother when he was a child. Trish explains, "John's mother died from cancer when he was only 13. He'd always had a great love of his mother and her death impacted him deeply."

John, who was the oldest of five siblings and never married or had children, made a promise to himself that when he died he would give all he had to charities that supported cancer patients and children.

"And he honoured that vow," Trish says with a smile.

Leaving a gift in your Will creates a lasting legacy that has an insurmountable impact on patients and their families. If you'd like to chat with us about leaving a gift to Harbour Hospice, please contact Milly Whitefoot on 021 783 437 or Milly.Whitefoot@harbourhospice.org.nz.



John and friend

Trusts provide vital support

Thank you very much to the below trusts and foundations that have supported us. Their grants have helped cover medical costs and equipment, grief booklets, a drug safe, counter-top screens, education programmes and scholarships, operating costs, salaries and the redevelopment of our North Shore facility.

Ralph & Eve Seelye Charitable Trust

The Lion Foundation

Pub Charity Limited

W & W A R Fraser Charitable Trust

The Trusts Community Foundation

Grassroots Trust

Freemasons Foundation

Hugo Charitable Trust

AK Franks Charitable Trust, proudly managed by Perpetual Guardian

BlueSky Community Trust

The Wilfred and Katherine

Evers-Swindell Trust

Walter & Rana Norwood

Four Winds Foundation Limited

Constellation Communities Trust

The Kelliher Trust

Skills4Work

Lister Presbyterian Health Trust

David Levene Foundation

Dragon Community Trust

Raymond Wilson and Perpetual Guardian Governance Scholarships, in collaboration with the Institute of Directors New Zealand

Jogia Charitable Trust

North and South Trust Limited

Hibiscus and Bays Local Board

The Reed Charitable Trust

Estate of Kathleen Alice Boyd

Oxford Sports Trust Inc.

Takapuna Association Football Club Inc.

Milestone Foundation

Ara Lodge No 348 IC Charitable Trust

I wish to support Harbour Hospice patients like Linda
Please select which community you would like your donation to support:



Hibiscus House
Whangaparaoa



North Shore
Takapuna



Tui House
Warkworth/Wellsford