

Your Hospice *matters*

september | mahuru 2023



Te Kahu Pairuri mai i Takarunga ki Te Hana



Kia ora

This year we celebrate two major milestones – 40 years of caring in our local community and the completion of our refurbished North Shore facility at Shea Tce, Takapuna. We can all feel proud of the legacy of our early volunteers, and the refurbishment heralds another critical moment in Harbour Hospice history. It gives us the ability to care for more people young and old, extend our reach into the community and lead the way in providing world-class end-of-life care. Care that is underpinned by our Hospice values: compassionate, professional and inclusive.

Compassionate - Hospice was born out of the compassion of our founding volunteers. Their wish to provide their community with a service that wrapped around patients and their families during illness and bereavement is something we strive to honour, alongside family members, carers, volunteers and the health professionals we work with. You have played an important role, too, because compassion is a value of families, whānau and communities. A healthcare service alone cannot achieve this.

Professional - From the start training was important at Hospice. Volunteers were trained to run day programmes, visit patients in the community and offer bereavement care. Health professionals developed their knowledge through education and training as palliative medicine became a recognised specialty.

Many of the fundraising initiatives established by our early volunteers became complex operations that bring in millions of essential dollars to hospice each year: Trees of Remembrance, now a national event and partnership; Vintners' Brunch, which we held last month, is in its 26th year. Our stable of 17 hospice shops began as garage sales! Our reputation in all these areas is one of skill and professionalism.

Inclusive - In its early years hospice care focused on those with cancer and neurological conditions. We now know that the needs of people with other conditions can be just as complex and we are caring for a growing number of people with non-cancer conditions. We work hard to ensure that free end-of-life care is accessible to all because we believe that it is a right, not a privilege.

Our future will bring many challenges, particularly in relation to our growing and ageing population. But with the incredible foundation you've enabled us to build, alongside the practice of our shared values, Hospice can continue to grow and meet the needs of our community. Thank you for your incredible support.

Jan Nichols, Harbour Hospice Chief Executive

thanks to you

1 in 3

people who died in our community were cared for by Harbour Hospice



1239

patients, families and their whānau received specialist care and support



more than 2000* contacts to support grieving families



*phone calls, telehealth and in person

Impact report July 2021 - 30 June 2022

He would only meet at the pub

Reflections from our very first nurse

To mark our 40th anniversary some of our past and present nurses shared their most memorable moments with the Herald On Sunday. Here is the story of our first nurse, Tricia Clarkson, who was employed at Hospice from 1987 until 2010.

If there's one patient I'll always remember with special fondness, it's Bob.

Bob was in his late 80s, a bushman who valued his independence. He wouldn't let Hospice visit him at home because he didn't want the neighbours to know he was sick. But he agreed to me visiting him at the pub, so I would meet him there every Tuesday.

My very first visit was on a Friday, and I remember standing at the doorway thinking, 'What am I doing?' I hadn't been in a bar since before I was married. The bar was thick with smoke and there were two TVs showing a boxing match; people were roaring. I asked the barmaid where I could find Bob and she pointed to a man by the jukebox. Bob was such a regular he had his own plaque on the wall and his own chair.

Our first conversation was very difficult because there was so much noise, and he was more interested in the boxing match. We agreed that next time we would meet on a Tuesday when it was quieter.



Over a five-week period, Bob became more and more frail, so I got him to come to Hospice day care once a week, where he could have a decent meal and meet other patients.

One day I had a call from the barmaid asking me to come because Bob did not seem well. I arrived to find Bob looking dreadful. I took him home and we called his GP, who recommended he go into a Hospice inpatient unit. At that stage we didn't have one, so we rang St Joseph's Hospice.

At St Joseph's, Bob sat on the bed and pulled out his mouth organ. He had always promised to play it for me, but when he put the instrument to his lips, no sound came. We both cried.

Bob died a couple of days later. All the bar regulars were at his funeral, and that was just the most amazing tribute to a wonderful local character.

x

Read more of our nurses' stories, plus other inspiring tales about our early history at harbourhospice.org.nz/category/40-years-of-caring

Proud of what Michael did

Michael Keenan was deeply passionate about hospice, and one of hospice's most engaged and committed volunteers. When he died in 2014, he gifted his estate to Harbour Hospice.



When university lecturer Michael Keenan retired in 2010, he set out to find volunteer work that felt meaningful. He found it volunteering for Harbour Hospice, driving patients to and from Day Group and to hospital and specialist appointments.

His brother Barrie recalls, "He had a white Mark 2 Jaguar, and I am told that a number of the lady patients enjoyed being driven that way, sitting in the back seat!"

In 2014 Michael became ill with a cerebral tumour and died in hospice care a few months later. Because he'd been so committed to the work of hospice he left the entirety of his estate, \$2.45 million, to hospice. He did not have children and knew his wider family was well-established.

Michael's gift has provided ongoing support for his beloved Day Group programme, contributed significantly to North Shore's refurbishment and funded research and training to find new ways to meet the needs of more diverse ethnicities and age groups in our community. The Michael Keenan Day Centre room at Shea Tce is named after him, in his memory.

Barrie says the family is "very grateful for and proud of what Michael did. We know that the work of hospice was important to him, and that he was particularly concerned about the challenges faced by hospice, given that only 50 per cent of its annual expenses are met by Government.

"Caring as hospice does for so many people, we know he would feel very satisfied that his gift has benefited the Hospice that he treasured greatly. And if his example can be an encouragement to others to support this hospice financially, we know he would be pleased."



Barrie was a guest speaker at the North Shore Opening. He attended with wife Jennifer and two of their four adult children, Illona and Merrick.

Get a **free** Will & support Harbour Hospice

We have teamed up with three lawyers from our communities who will set up a simple new Will or Amendment to a Will for you **FREE OF CHARGE** during the month of September.

Simply include a gift to Harbour Hospice in your Will. A gift as little as 1% of your estate can make a difference while still leaving 99% for loved ones.

For more information, contact Suzie on 021 226 2741 or email suzie.smith@harbourhospice.org.nz
Some terms & conditions may apply.



Here for you, because of **you**

The new and improved facilities house 15 patient rooms, a dedicated family and whānau area with two bedrooms, outpatient, counselling, therapy, day programme and training rooms and a commercial-grade kitchen. There's also improved facilities for our interdisciplinary team of specialist nurses, doctors, family support team, therapists and specially trained volunteers to provide 24/7 care and more.

North Shore is officially opened!

In June we held the official opening of our refurbished North Shore hospice facility at 7 Shea Tce, Takapuna. Chief Executive Jan Nichols told the 200 guests, made up of generous donors, supporters, local businesses, staff and volunteers, "This vital redevelopment is a critical moment in Harbour Hospice history, giving us the ability to care for more people young and old, extend our reach into the community and lead the way in providing world-class, specialist end-of-life care."

The North Shore Development Foundation, built up by Hospice over many years, funded \$10 million of the \$20 million project. The other \$10 million was gifted by YOU - more than 100 individuals, couples, families, trusts, foundations and businesses.

This is YOUR hospice and it's because of YOUR unwavering support that we have this incredible facility and will to be able to continue meeting the needs of our rapidly growing and ageing community.

THANK YOU.



L-R - Judy Bailey & Jan Nichols, Jan & Des Adams, Grant & Gillian Cossey, Wilf & Jodi Marley.



L-R - Helen Pilkington, Jill Draper, Susan Tutill, Pam Moore, Joan Finlayson, Margaret Mary Crawford, Aileen Horspool, Liz Douglas-Brown, Louise Galbraith, Marion O'Sullivan, Lesley Monk, Caroline Harkness, Barbara Litherland & Shirley Tobin

Photography - Melissa Palmer, White Door Photography.



your
generous
support



Robert Tulp - Auctioneer



Winning match - Ponzi & Babich Wines



Gabrielle Anstiss - speaker, Pippa Wetzell - host
& Vic Williams - Wine MC

It's been a busy few months, with incredible generosity shown at our largest annual fundraiser, Vintners' Brunch, last month and a refresh underway for our popular wearable art show, Catwalk Arts. Thank you very much for your ongoing support of Hospice events and fundraising ventures.

Vintners' Brunch raises \$375,000

More than \$375,000 was raised at this year's 26th Vintners' Brunch, held at the Pullman Hotel on 20 August. Congratulations to **Ponzi** of Commercial Bay, Auckland CBD and **Babich Wines** of Henderson Valley who won the 'food and wine match of the year' with a Crab & scallop ravioli porcini soil & corn beurre monte paired with Babich's Family Estates Organic Rosé.

Thank you to everyone involved for making the event the huge success that it was - from our generous sponsors **Kitchen Studio, Cruise World, Bartercard, Conset Construction, New World Vic Park, Prestige** and **EBOS** to the wonderful restaurants and wineries who still chose to support us despite the immense ongoing challenges faced by the hospitality sector, to the huge number of individuals, groups and local businesses who gave their time, skills and support. Special mention to Pandoro who has been part of this event for 25 years.

This is our biggest annual fundraiser and the money raised will help keep hospice nurses on the road with the technology they need to visit patients in their homes, relieve the financial stress for families who cannot work while they are caring for a loved one, help maintain the hospice gardens that provide a welcome sanctuary for patients and their families, and much more.

Art Exhibition & Sale raises \$21,000

Our annual Art Exhibition & Sale, held at the Estuary Arts Centre in Orewa over King's Birthday Weekend, raised \$21,000. With more than 300 pieces of art by 70 local and national artists, funds raised will directly benefit Hospice patients and their families. This event was proudly sponsored by principal sponsor Ze Build.



Catwalk Arts is having a refresh!

Catwalk Arts has been wowing audiences since 2006. To ensure its fabulousness continues the event will undergo a refresh. This year's show has been postponed to June 2024 and we have some exciting plans underway, which we'll reveal very soon. Catwalk Arts usually raises around \$30,000 each year for hospice and we're incredibly grateful to the community, sponsors and all those involved in putting the show together, for your ongoing support. We look forward to welcoming audiences and designers back to an even more fabulous Catwalk Arts in 2024.

Orewa shop is expanding!

Our Orewa hospice shop on Florence Ave is expanding. In its new space next door we will sell furniture, beds, building supplies, sporting goods, tools and gardening supplies and plants. The expansion will allow us to have a greater focus on upcycling furniture. We hope to open this on 2 October.

what's on

The Great Debate - Sat 14 Oct
Warkworth Town Hall

Rock The Hithe - Sun 5 Nov
Dairy Flat Community Hall

Greek Extravaganza - Sat 2 Dec
Orewa Arts Centre,
Orewa College

Farmers Trees of Remembrance
16 Nov - 24 Dec

Christmas cakes
on sale from 1 Nov
details to come



Learn more about our events at:
harbourhospice.org.nz/our-events



Feeling inspired to start your own community or corporate fundraiser? Email us at events@harbourhospice.org.nz or visit harbourhospice.org.nz/fundraising-toolkit for ideas to get you started.

trusts provide vital support

Thank you to the following trusts and foundations. In the last six months their grants have contributed towards Hospice medical costs, family support and counselling services, education and clinical programmes and more.

Your community or family trust can support patient care too. Please contact Grants Manager Lesley Cranston on 021 871 064 or Lesley.Cranston@harbourhospice.org.nz

Oxford Sports Trust
Akarana community Trust
The Lion Foundation
Dorothy Williams Charitable Trust, managed by Public Trust
New Zealand Community Trust (NZCT)
BlueSky Community Trust
Constellation Communities Trust
The Jogia Charitable Trust
Four Winds Foundation
Lister Presbyterian Health Trust

The Kelliher Charitable Trust
Milestone Foundation
Pub Charity Ltd
Dragon Community Trust
North & South Trust Ltd
ARA Lodge No 348 IC Charitable Trust
St Aidans Presbyterian Property Trust
Hibiscus and Bays Local Board
The Reed Charitable Trust

Volunteers recognised at Long Service Awards

A pioneering group of volunteers founded Hospice 40 years ago, and today volunteers remain an integral part of our service. Numbering more than 1200, they're involved in every facet of hospice, and they freely give their time in our Inpatient Units, out in the community and in our kitchens, gardens and hospice shops.

This year we honoured 125 volunteers and 25 staff members for 5, 10, 15, 20, 25, 30 and even 35 years of service. We're so grateful to you all!

\$2.79m*

worth of time
donated by
1230
volunteers

*based on minimum wage



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become a volunteer

make new friends and feel
good about doing good

phone 09 421 9180
harbourhospice.org.nz/volunteer



Wilf Marley
The arbitrator
35 years



Jan Adams
The fundraiser
30 years



Jacky Ruck
A voice for Māori
20 years

Visit our website to read more about these generous individuals
harbourhospice.org.nz/category/newsletter



Every dollar you give makes life better for a hospice patient

your support makes it possible
Please
click here
to donate
THANK YOU

You can select which community
you would like your donation to support.

CC #22413 – gifts \$5 and over are tax deductible